



FOR IMMEDIATE RELEASE

Contact: Rebecca Teagarden, Memorial Communications: (509) 577-5051

Safe Sitter classes teach boys and girls safe, nurturing childcare techniques

Memorial Family of Services is offering a series of one-day Safe Sitter classes for boys and girls, ages 11-13, to learn safe and nurturing childcare techniques.

Students will gain behavior management skills and learn how to handle emergencies when caring for children. Instruction includes basic first aid, infant and child CPR, and choking child rescue, though students will not become CPR-certified.

Students will also learn important life skills, such as introductory employment skills and safe habits, and they will gain confidence in how to deal with children.

This one-day course is being offered at Children's Village, 3801 Kern Road in Yakima, on the following dates: June 13, 23, and 30; and July 7, 18 and 28. Classes are from 8:30 a.m. to 4:30 p.m. Students should bring a sack lunch. The fee is \$40 and includes the class, a Safe Sitter manual and course completion card.

To register, visit yakimamemorial.org and click on classes and events. For more information, contact Martin Sanchez at 509-577-5015 or martinsanchez@yvmh.org.

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