



FOR IMMEDIATE RELEASE – Feb. 13, 2015

Contact: Shannon Dininny, Yakima Valley Memorial Hospital
(509) 577-5051/shannondininny@yvmh.org

Kohl's Department Stores, Yakima Valley Memorial Hospital Partner on Health and Wellness Programs

YAKIMA, Wash. — Kohl's Department Stores and Yakima Valley Memorial Hospital are partnering to bring health and wellness programs to Yakima, including fitness and cooking classes.

Beginning in February and through fall 2015, Memorial will be offering weekly yoga and Zumba classes, a fitness boot camp and cooking classes to help improve the health of the Yakima community. The program is being made possible through a \$28,494 donation to Memorial by Kohl's.

The Healthy for Life Program includes the following classes, which have already started and are currently available unless otherwise noted:

- Gentle Yoga
Tuesdays, 7:15 p.m.-8:15 p.m.
Yoga Collective, 2600 W. Nob Hill Blvd., Yakima
- Bilingual Zumba
Wednesdays, 7 p.m.-8 p.m. (starting Feb. 18)
Adams Elementary School, 723 S. 8th St., Yakima
- Bilingual Yoga
Thursdays, 7:30 p.m.-8:30 p.m.
Yoga Collective, 2600 W. Nob Hill Blvd., Yakima
- Boot Camp
Fridays, 5:30 p.m.-6:15 p.m.
Rock Solid Fitness, 1109 S. 22nd Ave., Unit B, Yakima
- Cooking classes (Spanish)
April 9, April 16, April 23, April 30, 6 p.m.-7 p.m.
Memorial Education Center, 2506 W. Nob Hill Blvd., Yakima
- Cooking classes (English)
Thursday, June 18, June 25, July 2, July 9, 6 p.m.-7 p.m.
Memorial Education Center, 2506 W. Nob Hill Blvd., Yakima

--more--



The Kohl's donation also allows once again for the purchase of 1,000 bike helmets for area children, which will be distributed at Memorial's annual Fiesta de Salud Health Fair in July and at other community events.

Since 2012, Kohl's has donated more than \$45,000 to Yakima Valley Memorial Hospital and The Memorial Foundation. Other Memorial initiatives supported through Kohl's include Children's Village, YouthWorks and other child safety programs through community education

Kohl's commitment to Memorial is made possible through the Kohl's Cares® cause merchandise program. Through this initiative, Kohl's sells \$5 books and plush toys, where 100 percent of net profit benefits children's health and education programs nationwide, including hospital partnerships like this one. Kohl's has raised more than \$257 million through this merchandise program. In addition to the merchandise program, Kohl's Cares features the Kohl's Cares Scholarship Program, which last year recognized more than 2,500 young volunteers with more than \$400,000 in scholarships and prizes. Through the Kohl's Associates in Action volunteer program, more than 834,000 associates have donated more than 2.7 million hours of their time since 2001, and Kohl's has donated more than \$79 million to youth-focused nonprofit organizations. Kohl's also offers fundraising gift cards for schools and youth-serving organizations. For more information, visit www.Kohls.com/Cares.

About Yakima Valley Memorial Hospital

Yakima Valley Memorial Hospital is a 226-bed, acute-care, community hospital serving Central Washington's Yakima Valley. Memorial Family of Services includes primary care practices and specialty care services, including high-quality cardiac care, a continuum of cancer care, hospice care and advanced services for children with special health care needs. Visit Memorial online at yakimamemorial.org or on Facebook (www.facebook.com/yakimavalleymemorialhospital), Twitter (www.twitter.com/Yakima_Memorial) or Pinterest (www.pinterest.com/yvmh).

About Kohl's

Kohl's (NYSE: KSS) is a leading specialty department store with 1,163 stores in 49 states. With a commitment to inspiring and empowering families to lead fulfilled lives, the company offers amazing national and exclusive brands, incredible savings and inspiring shopping experiences in-store, online at Kohls.com and via mobile devices. Committed to our communities, Kohl's has raised more than \$257 million for children's initiatives nationwide through its Kohl's Cares® cause merchandise program, which operates under Kohl's Cares, LLC, a wholly-owned subsidiary of Kohl's Department Stores, Inc. For additional information about Kohl's philanthropic and environmental initiatives, visit www.Kohls.com/Cares. For a list of store locations and information, or for the added convenience of shopping online, visit www.Kohls.com.

Connect with Kohl's:

Facebook (<http://www.facebook.com/Kohls>)

Twitter (<http://twitter.com/Kohls>)

Google+ (<http://plus.google.com/+Kohls>)

Pinterest (<http://pinterest.com/Kohls>)

Instagram (<http://instagram.com/Kohls>)

YouTube (<http://www.youtube.com/kohls>)