



# OJC Community Connection

*"Empowering People... Changing the World"*

January 2016

*Our mission is to help in the elimination of unemployment, poverty and illiteracy so that people of all colors and creeds can live their lives with greater human dignity. It includes the provision of health, educational and human services, economic development, and services to secure and provide safe, decent and affordable housing to eligible participants and residents in the State of Washington.*

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## A Show of Gratitude

For more than 45 years, the Southeast Yakima Community Center (SEYCC) has provided a multitude of services. What once began as a Christmas dinner to 250 individuals has swelled to a meal, free pictures with Santa, and a free gift for every child who walks through the door, to the tune of over 2,700 people.

To the many volunteers and donors, the staff and the families we serve, Thank You. Every day is a new opportunity to serve others in our community. The many gifts of time, talents and resources allows the SEYCC to move forward in its mission, which is to help families reach their greatest potential.



*(Participant receiving a gift from Santa's Helpers.)*



*(Over 2,700 individuals received a traditional American and Mexican holiday dinner.)*

sustain much needed programming. We would not be able to host activities such as the annual Christmas activity without the support of so many community unsung heroes.

As we look to 2016, we want to take this opportunity to reflect on our many accomplishments of 2015 and know none of it would have been possible without the support of Yakima and its citizens.

The many activities the SEYCC provides each year would not be possible without the volunteers who sit on various committees, donating hundreds of hours which allows us to leverage other limited resources to



## *Bringing Business to Life*

November 19, 2015 marked the First Annual “Bringing Business to Life” Commercial Competition in honor of Global Entrepreneur Week which is celebrated across the world every November. Many projects across the state and world are planned each year to celebrate entrepreneurs and their businesses.

The goal of this project was to create a fun and shareable 30-60 second commercial which focused on grabbing consumers’ attention and making a business or its product look professional, delicious or fun. The commercial needed to communicate how the business and its products or services help the community or the consumer. Projects



were designed to highlight a local business, get students excited about local businesses, and identify the opportunity that business ownership brings. Commercials could be in the form of video, PowerPoint, or simply acting it out.



Winners (with the business they highlighted in parentheses) included:

1<sup>st</sup> Place: Zoe Sterner, 6<sup>th</sup> Grade (Columbia Basin Sup)

2<sup>nd</sup> Place: Conrad Johnson, 9<sup>th</sup> Grade – (Cacchiotti Orthodontic)

3<sup>rd</sup> Place: Taylor Warner, Job Corp Student (Grant County Animal Outreach)

4<sup>th</sup> Place: Lexi Smith, 11<sup>th</sup> Grade (A&R Mechanical)



## Staff Corner

### OIC Maintenance Department Receives Deficiency-Free Review for Social Security

The Social Security Administration Facility, which is owned and maintained by OIC of Washington, had an official inspection conducted on July 14, 2015. On December 17, OIC was notified that after a thorough inspection of the exterior, grounds, parking lot, lobby, ceilings, floors, walls, windows, doors, restrooms, safety and environmental as well as daily and periodic work,

we received a deficiency-free inspection.

OIC's proactive approach in maintaining this facility and lease was noted by General Services Administration (GSA) and the inspection will become a part of the lease enforcement files.

Congratulations to OIC's Maintenance and Janitorial Department which includes Hugh

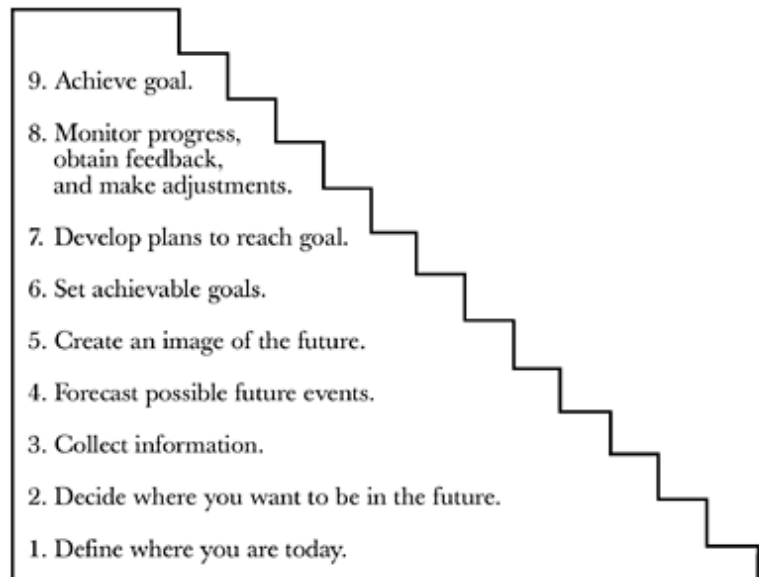
Anderson, Hilario Baltazar, Manual Espinoza, Henry Louis and Linda Malone, and are led by James Parks for their continued efforts in maintaining this property.



## Human Resource Corner: The Process of Planning

As a supervisor or manager, one of your primary goals is to satisfactorily fulfill your responsibilities and meet the needs of both customers and employees.

This can be accomplished through careful and effective planning. This means you must assess where things stand today, decide where you need to go, formulate goals, and design short- and long-range plans to achieve your objectives and realize your vision.



## Health & Wellness Corner

### 5 Ways to Step Up Your Walking Game this Winter

Walking is really important, which you probably knew. So how can you sneak more of it into your day, especially during the winter months?

**Walk when you're on the phone.** Most of us who work desk jobs take at least a couple of phone calls a week. I recently made it a habit to walk around when I was on the phone and it added a little less than 100 steps per minute. One day I fielded 4 phone calls at home and walked more than 24,000 steps. That's 12 miles and that was in one day.

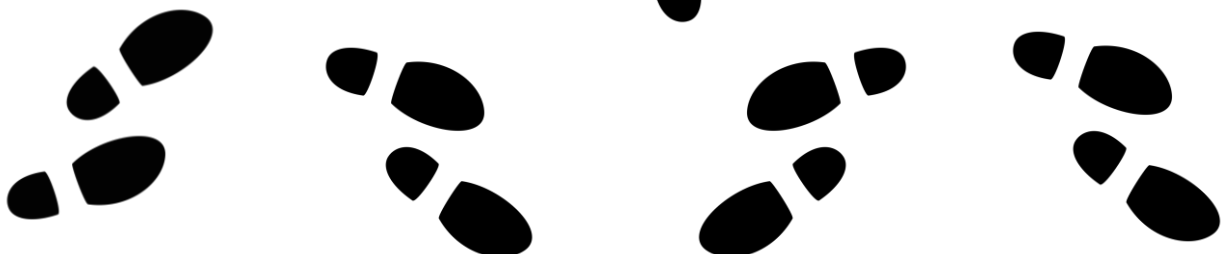
**Every time you catch yourself surfing the Internet, go for a walk.** The key to this is not going anywhere (like to get a coffee or a snack), but just taking a walk around the block or down the hall a few times. This can actually DOUBLE the amount you can walk every day.

**Have walking meetings.** For the most part, meetings have a standard format. Sit. Get

bored. Fight to stay awake. You know what changes all that? Walking. Not just standing but actually covering ground. Not only do you get more walking in but it forces the attendees to stay engaged.

**Meet your friends at the mall.** Remember high school? Meeting up with your friends at the food court even though you might be too broke to buy any food? Walking to look at things you couldn't buy? A group of grandparents gave up on bars and coffee shops to catch up with friends and started meeting in malls. Outside of their normal walking, they logged about 10,000 steps per visit.

**Buy an audiobook and do at least one errand a day on foot.** Walking to check the mail? Take your audiobook with you on your smartphone and keep walking until it's done. One person was recorded as logging 18 miles by the time they finished it.



## Program Locations

### Community Services

Provides emergency food assistance, energy assistance.  
1419 Hathaway St.  
Yakima, WA  
(509) 452-7145

### Education & Employment Assistance

#### **Migrant Seasonal Farmworker Program**

Provides employment and education assistance to Migrant Seasonal Farmworkers.  
815 Fruitvale Blvd.  
Yakima, WA  
(509) 248-6751 ext. 170  
Additional locations in  
Sunnyside, Pasco, Moses Lake,  
Wenatchee & Mount Vernon

#### **WIOA Youth Program**

Provides education & employment training to youth  
14 – 24 years old  
815 Fruitvale Blvd.  
Yakima, WA  
(509) 248-6751  
Additional location in  
Ellensburg

### Weatherization Services

Provides home weatherization services.  
1419 Hathaway St.  
Yakima, WA  
(509) 452-2555

### The Prosperity Center

Provides financial asset building & education.  
903 W. 3<sup>rd</sup> Ave.  
Moses Lake, WA  
(509) 765-9206 ext. 250

### Energy Assistance

Provides energy assistance in Grant and Adams counties.  
903 W. 3<sup>rd</sup> Ave.  
Moses Lake, WA  
(509) 765-9206

### Southeast Community Center

Provides a variety of services aimed at fostering self-sufficiency and dignity for children, youth and families  
1211 So. 7<sup>th</sup> St.  
Yakima, WA  
(509) 575-6114



## Upcoming Events

The annual Dr. Martin Luther King, Jr. activities will kick off beginning January 4, culminating with the annual Peace March and after-March Program January 18<sup>th</sup>.

Activities scheduled to take place include:

The Lee Paggett School Food Drive

MLK, Jr. Basketball Tournament

Sunday Worship Service

Peace March & Program

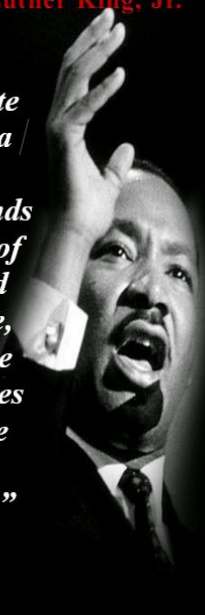
Soup Kitchen

This year's theme is ***Remember! Celebrate! Act! The strength to love; touch minds, tender hearts.***

For more detailed information or to get involved, please contact Deidre Dennis at [ddennis@yvoic.org](mailto:ddennis@yvoic.org) or by calling (509) 454-7616.

**Dr. Martin Luther King, Jr.**

*"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."*



## OIC of Washington

### Headquarters

815 Fruitvale Blvd.  
Yakima, WA 98902  
[www.yvoic.org](http://www.yvoic.org)

### PHONE:

(509) 248-6751  
1-800-833-6388 (WA Relay)  
or dial 711

### FAX:

(509) 575-0482

### E-MAIL:

[contact\\_us@yvoic.org](mailto:contact_us@yvoic.org)

Find us on Facebook at

[www.facebook.com/OICofWA](http://www.facebook.com/OICofWA)

*OIC of Washington is an equal opportunity employer and provider of employment and training services. Auxiliary aids and services are available upon request to individuals with disabilities.*

## About OIC of Washington

*Since its inception in 1971, OIC of Washington's vision has been to help in the elimination of unemployment, poverty and illiteracy so that people of all colors and creeds can live their lives with greater human dignity. We work to afford a second chance to families and individuals with multiple life challenges such as housing, education, gang culture, or lack of skills by enabling them to complete their high school education, attend higher education, enter a branch of military service, or receive vocational and employment training through program services.*

*OIC of Washington provides services through four major divisions including community services, employment and education training, health care and housing assistance. For more than 40 years with federal, state, local and community partnerships, we are proud to have helped Washington residents become self-sufficient through our programs including job skills training, high school equivalency attainment, energy assistance, food assistance, new homes for low-income families, weatherization of homes and more.*

*OIC has and continues to be dedicated to help thousands of individuals improve the quality of their lives. Through innovative collaborations and partnerships, we look forward to many more years of making our vision for the underserved population a working reality throughout the State of Washington.*

**OIC of Washington:**

**Empowering People... Changing the World**



### OIC OF WASHINGTON

815 Fruitvale Blvd.  
Yakima, WA 98902

